## APPENDIX A

**KEY FINDINGS FOR REGION 3: BACKUP TABLES** 

SATISFACTION WITH TRICARE AND TRICARE PRIME

Table 2.1 Percent of Beneficiaries Satisfied with Care They Received at a Military (MTF) or Civilian (CTF) Treatment Facility, by Region and Past Care, Compared to a National Civilian Benchmark Beneficiaries Who Received Some Care at a MTF or CTF or Both in Past 12 Months MTF CTF Region 1 64.5 84.1 Region 2 51.5 83.7 Region 3 54.8 82.6 Region 4 58.5 83.4 Region 5 84.2 62.1 57.7 Region 6 82.9 Region 7/8 57.0 82.0 Region 9 61.2 80.1 Region 10 63.2 81.8 Region 11 64.4 82.6 Region 12 64.1 81.6 62.6 79.7 Alaska 61.2 73.9 Europe Mean, all regions 58.9 82.7

89.0

3,882,672

3,630,311

Total population

National benchmark

Table 2.2

TRICARE Prime Enrollees' Levels of Satisfaction with Prime in Mature TRICARE Regions Only
Percent of Beneficiaries Enrolled in TRICARE Prime

|                  | Percent sat             | tisfied with health care under TRIC | CARE Prime                    |
|------------------|-------------------------|-------------------------------------|-------------------------------|
|                  | Agree or strongly agree | Neither agree nor disagree          | Disagree or strongly disagree |
| Region 3         | 50.9                    | 34.5                                | 14.6                          |
| Region 4         | 51.5                    | 30.6                                | 17.9                          |
| Region 6         | 51.3                    | 32.0                                | 16.7                          |
| Region 7/8       | 44.3                    | 36.9                                | 18.8                          |
| Region 9         | 56.8                    | 32.3                                | 10.9                          |
| Region 10        | 59.2                    | 27.7                                | 13.1                          |
| Region 11        | 57.8                    | 27.3                                | 14.9                          |
| Region 12        | 56.5                    | 29.4                                | 14.2                          |
| MHS Average      | 51.5                    | 32.7                                | 15.8                          |
| Total population | 194,339                 | 402,486                             | 632,476                       |

| Table 2.3  Percent of Beneficiaries Satisfied with the Military or Civilian Care They Received in Region 3  by Type of Beneficiary and Past Care  Beneficiaries Who Received Some Care at a MTF or CTF or Both in Past 12 Months |         |         |  |  |  |
|--|---------|---------|--|--|--|
| MTF CTF  |         |         |  |  |  |
| Active duty personnel  | 53.0    | 71.9    |  |  |  |
| Active duty family members   | 55.1    | 79.9    |  |  |  |
| Retirees, survivors, and family under age 65   | 56.0    | 83.2    |  |  |  |
| Retirees, survivors, and family age 65 or over 55.1 84.9   |         |         |  |  |  |
| Region 3 overall   | 54.8    | 82.6    |  |  |  |
| Mean, all regions 58.9 82.7  |         |         |  |  |  |
| Total population in Region 3   | 468,145 | 547,694 |  |  |  |

Table 2.4

Intention to Enroll or Re-enroll in TRICARE Prime in Region 3, by Enrollment Status and Likelihood to Enroll Percent of Beneficiaries Reporting Knowing Something About TRICARE

|                               | Percent reporting given likelihood |                             |                           |  |
|-------------------------------|------------------------------------|-----------------------------|---------------------------|--|
|                               | Likely or very likely              | Neither likely nor unlikely | Unlikely or very unlikely |  |
| Enrolled in TRICARE Prime     |                                    |                             |                           |  |
| Active duty                   | 54.8                               | 17.8                        | 27.4                      |  |
| Non-active duty               | 70.9                               | 11.8                        | 17.2                      |  |
| Not enrolled in TRICARE Prime |                                    |                             |                           |  |
| Under age 65                  | 12.0                               | 22.5                        | 65.6                      |  |
| Age 65 or over                | 2.8                                | 21.0                        | 76.2                      |  |
| Region 3 overall              | 41.0                               | 17.6                        | 41.4                      |  |
| Mean, all regions             | 41.4                               | NA                          | NA                        |  |
| Total population in Region 3  | 212,010                            | 91,119                      | 213,768                   |  |

| Table 2.5  |                      |          |  |  |
|--|----------------------|----------|--|--|
| TRICARE Prime Enrollees Satisfied with Their Care in Region 3 by Military or Civilian Primary Care Manager<br>Percent of Beneficiaries Enrolled in TRICARE Prime |                      |          |  |  |
|  | Primary Care Manager |          |  |  |
|  | Military             | Civilian |  |  |
| Region 3   | 51.8                 | 57.3     |  |  |
| Mean, all regions  | 49.3                 | 56.3     |  |  |
| Total population in Region 3   | 178,782              | 43,262   |  |  |

# ACCESS TO HEALTH CARE

### Table 3.1 Beneficiaries' Use of an Emergency Room in Lieu of a Regular Appointment in Region 3 by Enrollment Status Percent of Beneficiaries Who Report Using an ER in the Past 12 Months Percent using ER in lieu of regular appointment Enrolled in TRICARE Prime 17.3 Active duty Non-active duty 20.3 Not enrolled in TRICARE Prime Under age 65 16.6 Age 65 or over 11.2 Region 3 overall 16.7 17.2 MHS Average Total population in Region 3 349,343

Table 3.2

Average Waiting Periods for Beneficiaries to Get an Appointment for Routine Care in Region 3
by Enrollment Status

Percent of Beneficiaries Who Received Some Care at a MTF or CTF or Both in Past 12 Months

|                              | Percent reporting given waiting period |         |  |  |
|------------------------------|--|---------|--|--|
|                              | MTF                                    | CTF     |  |  |
| Enrolled                     |  |         |  |  |
| Waited < 8 days              | 58.6                                   | 72.5    |  |  |
| Waited 8 - 30 days           | 35.8                                   | 23.0    |  |  |
| Waited > 30 days             | 5.6                                    | 4.4     |  |  |
| Not enrolled                 |  |         |  |  |
| Waited < 8 days              | 44.6                                   | 62.1    |  |  |
| Waited 8 - 30 days           | 43.5                                   | 27.8    |  |  |
| Waited > 30 days             | 11.9                                   | 10.1    |  |  |
| MHS Average                  |  |         |  |  |
| Waited < 8 days              | 53.2                                   | 64.0    |  |  |
| Waited 8 - 30 days           | 39.2                                   | 28.1    |  |  |
| Waited > 30 days             | 7.6                                    | 8.0     |  |  |
| Total population in Region 3 | 468,145                                | 547,694 |  |  |

Table 3.3

Waiting Time in Provider's Office in Region 3, by Enrollment Status

Percent of Beneficiaries Who Received Some Care at a MTF or CTF or Both in Past 12 Months

|                              | Percent reporting given waiting period |         |  |  |
|------------------------------|--|---------|--|--|
|                              | MTF                                    | CTF     |  |  |
| Enrolled                     |  |         |  |  |
| Waited < 30 minutes          | 66.9                                   | 79.6    |  |  |
| Waited 30 minutes to 1 hour  | 22.5                                   | 14.9    |  |  |
| Waited > 1 hour              | 10.6                                   | 5.5     |  |  |
| Not enrolled                 |  |         |  |  |
| Waited < 30 minutes          | 62.3                                   | 79.7    |  |  |
| Waited 30 minutes to 1 hour  | 24.9                                   | 16.8    |  |  |
| Waited > 1 hour              | 12.8                                   | 3.6     |  |  |
| MHS Average                  |  |         |  |  |
| Waited < 30 minutes          | 67.7                                   | 83.6    |  |  |
| Waited 30 minutes to 1 hour  | 22.7                                   | 13.0    |  |  |
| Waited > 1 hour              | 9.6                                    | 3.5     |  |  |
| Total population in Region 3 | 468,145                                | 547,694 |  |  |

Table 3.4

Reasons for Beneficiaries Not Relying on a Military Facility for Most of Their Care in Region 3

Percent of Beneficiaries Who Did Not Receive Most Care From a MTF in the Past 12 Months

|  | Percent reporting the reason |
|--|------------------------------|
| Never try to use MTF                             | 24.3                         |
| No care needed in past 12 months                 | 10.0                         |
| MTF is too far away                              | 37.0                         |
| Hard to get an appointment at MTF                | 31.5                         |
| Can't see the same provider each visit           | 17.0                         |
| MTF usually used is closed                       | 11.3                         |
| Needed services not available                    | 14.7                         |
| Better care at civilian provider                 | 25.7                         |
| Ineligible for military care                     | 8.4                          |
| No appointment available for beneficiary like me | 15.5                         |
| Difficult to find a parking space                | 2.4                          |
| Other  | 16.3                         |
| Total population in Region 3                     | 498,407                      |

KNOWLEDGE OF TRICARE AND TRICARE PRIME

| Table 4.1  |                                      |  |
|--|--------------------------------------|--|
| No Knowledge of TRICARE Percent of All Beneficiaries by Region |                                      |  |
|  | Percent with no knowledge of TRICARE |  |
| Region 1   | 45.9                                 |  |
| Region 2   | 38.8                                 |  |
| Region 3   | 29.7                                 |  |
| Region 4   | 29.0                                 |  |
| Region 5   | 52.6                                 |  |
| Region 6   | 29.4                                 |  |
| Region 7/8   | 30.3                                 |  |
| Region 9   | 37.8                                 |  |
| Region 10  | 37.8                                 |  |
| Region 11  | 28.9                                 |  |
| Region 12  | 24.5                                 |  |
| Alaska   | 17.4                                 |  |
| Europe   | 21.8                                 |  |
| Mean, all regions  | 35.1                                 |  |
| Total population   | 5,861,324                            |  |

#### Table 4.2 Beneficiaries in Region 3 Having Unclear Information About Enrolling in TRICARE Prime Percent of Beneficiaries Reporting Knowing Something About TRICARE Percent reporting unclear information Active duty personnel 25.5 Active duty family members 21.6 Retirees, survivors, and family under age 65 30.0 Retirees, survivors, and family age 65 or over 47.3 Region 3 overall 29.3 Mean, all regions 33.9 Total population in Region 3 512,080

#### Table 4.3 Sources of Information About TRICARE in Region 3 Percent of Beneficiaries Reporting Knowing Something About TRICARE Percent reporting the source Source TRICARE presentation 37.6 Information package 60.1 Military doctor 17.6 Civilian doctor 5.5 20.4 TRICARE information number Military base newspaper 30.6 Regular newspaper 8.0 Friends/neighbors 26.3 TRICARE service center 25.3 Radio/TV 2.1 Other source 18.5 Total population in Region 3 541,549

SOURCES OF HEALTH CARE

| Table 5.1   |      |  |
|---|------|--|
| Use of Military Pharmacies to Fill Prescriptions Written by a Civilian Provider Percent of Beneficiaries in Region 3 by Beneficiary Group |      |  |
| Percent using military pharmacy   |      |  |
| Active duty personnel   | 10.8 |  |
| Active duty family members  | 28.4 |  |
| Retirees, survivors, and family under age 65  | 33.5 |  |
| Retirees, survivors, and family age 65 or over  | 48.0 |  |
| Region 3 overall  | 31.8 |  |
| Mean, all regions   | 25.0 |  |
| Total population in Region 3 796,159  |      |  |

Table 5.2

Usual Source of Care for Beneficiaries in Region 3 Who Are Sick or Need Advice Percent of Beneficiaries Who Reported Having a Usual Source of Care

|  | Percent using the given type of facility |          |        |
|--|--|----------|--------|
|  | Military                                 | Civilian | Other  |
| Active duty personnel                          | 91.5                                     | 7.8      | 0.7    |
| Active duty family members                     | 71.6                                     | 26.2     | 2.2    |
| Retirees, survivors, and family under age 65   | 29.2                                     | 68.0     | 2.8    |
| Retirees, survivors, and family age 65 or over | 11.2                                     | 82.7     | 6.1    |
| Region 3 overall                               | 41.5                                     | 55.4     | 3.2    |
| Mean, all regions                              | 46.5                                     | 49.4     | 4.1    |
| Total population in Region 3                   | 291,590                                  | 389,258  | 22,278 |

**USE OF HEALTH CARE** 

Table 6.1

The Number of Outpatient Visits in the Past Year by Patients in Region 3
by Enrollment Status and Past Care

Percent of Beneficiaries Who Received Some Care at a MTF or CTF or Both in Past 12 Months

|                              | Percent reporting given number of visits |         |  |
|------------------------------|--|---------|--|
|                              | MTF                                      | CTF     |  |
| Enrolled                     |  |         |  |
| 0 visits                     | 11.7                                     | 16.6    |  |
| 1 - 5 visits                 | 56.3                                     | 52.8    |  |
| 6 + visits                   | 32.1                                     | 30.5    |  |
| Not enrolled                 |  |         |  |
| 0 visits                     | 42.4                                     | 4.9     |  |
| 1 - 5 visits                 | 38.6                                     | 43.7    |  |
| 6 + visits                   | 19.1                                     | 51.4    |  |
| MHS Average                  |  |         |  |
| 0 visits                     | 16.3                                     | 9.6     |  |
| 1 - 5 visits                 | 52.9                                     | 49.6    |  |
| 6 + visits                   | 30.9                                     | 40.8    |  |
| Total population in Region 3 | 371,713                                  | 427,962 |  |

USE OF PREVENTIVE SERVICES

| Table 7.1   |  |  |
|---|--|--|
| Blood Pressure Readings by Enrollment Status in Region 3 Percent of All Beneficiaries |  |  |
|   | Percent reporting blood pressure reading |  |
| Enrolled in TRICARE Prime   |  |  |
| Active duty   | 96.7                                     |  |
| Non-active duty   | 96.4                                     |  |
| Not enrolled in TRICARE Prime   |  |  |
| Under age 65  | 95.5                                     |  |
| Age 65 or over  | 97.5                                     |  |
| Region 3 overall  | 96.4                                     |  |
| Mean, all regions   | 96.3                                     |  |
| Total population in Region 3  | 803,102                                  |  |

| Table 7.2   |   |  |
|---|---|--|
| Cholesterol Screening by Enrollment Status in Region 3 Percent of All Beneficiaries |   |  |
|   | Percent reporting cholesterol screening |  |
| Enrolled in TRICARE Prime   |   |  |
| Active duty   | 80.3                                    |  |
| Non-active duty   | 77.9                                    |  |
| Not enrolled in TRICARE Prime   |   |  |
| Under age 65  | 84.0                                    |  |
| Age 65 or over  | 93.6                                    |  |
| Region 3 overall  | 83.8                                    |  |
| Mean, all regions   | 80.8                                    |  |
| Total population in Region 3  | 801,152                                 |  |

| Table 7.3   |   |  |
|---|---|--|
| Breast Cancer Screening by Region Percent of Female Beneficiaries Age 50 and Over |   |  |
|   | Percent reporting breast cancer screening |  |
| Region 1  | 86.1                                      |  |
| Region 2  | 85.3                                      |  |
| Region 3  | 85.2                                      |  |
| Region 4  | 83.3                                      |  |
| Region 5  | 79.4                                      |  |
| Region 6  | 83.2                                      |  |
| Region 7/8  | 81.7                                      |  |
| Region 9  | 86.1                                      |  |
| Region 10   | 85.5                                      |  |
| Region 11   | 81.7                                      |  |
| Region 12   | 80.5                                      |  |
| Alaska  | 84.4                                      |  |
| Europe  | 63.1                                      |  |
| Mean, all regions   | 83.7                                      |  |
| Total population  | 1,426,067                                 |  |

Table 7.4 Pap Smears by Enrollment Status in Region 3 Percent of Female Beneficiaries Percent reporting exam with Pap smear during given time period Within 3 years 3 years + Never Enrolled in TRICARE Prime Active duty 99.1 0.2 8.0 Non-active duty 91.1 8.1 0.9 Not enrolled in TRICARE Prime Under age 65 2.3 85.8 11.9 Age 65 or over 85.0 13.9 1.1 Region 3 overall 88.5 10.0 1.5 Mean, all regions 87.5 10.7 1.8 Total population in Region 3 362,601 40,952 5,952

| Table 7.5   |  |  |  |
|---|--|--|--|
| Timing of First Prenatal Care by Region Percent of Female Beneficiaries Who Were Pregnant When Responding to the Survey or During the 12 Preceding Months |  |  |  |
|   | Percent reporting first prenatal care during first trimester |  |  |
| Region 1  | 88.5   |  |  |
| Region 2  | 80.2   |  |  |
| Region 3  | 89.7   |  |  |
| Region 4  | 90.3   |  |  |
| Region 5  | 92.5   |  |  |
| Region 6  | 89.2   |  |  |
| Region 7/8  | 91.7   |  |  |
| Region 9  | 87.8   |  |  |
| Region 10   | 92.2   |  |  |
| Region 11   | 93.7   |  |  |
| Region 12   | 94.4   |  |  |
| Alaska  | 86.5   |  |  |
| Europe  | 96.6   |  |  |
| Mean, all regions   | 89.3   |  |  |
| Total population  | 194,191  |  |  |

Table 7.6

Prostate Screening by Enrollment Status in Region 3
Percent of Male Beneficiaries Age 50 or Over

Percent reporting prostate

|                               | Percent reporting prostate screening |           |       |  |
|-------------------------------|--------------------------------------|-----------|-------|--|
|                               | Within past 2 years                  | 2 years + | Never |  |
| Enrolled in TRICARE Prime     |                                      |           |       |  |
| Active duty                   | 58.6                                 | 36.0      | 5.4   |  |
| Non-active duty               | 83.5                                 | 12.7      | 3.8   |  |
| Not enrolled in TRICARE Prime |                                      |           |       |  |
| Under age 65                  | 79.0                                 | 16.2      | 4.9   |  |
| Age 65 or over                | 85.8                                 | 11.2      | 3.0   |  |
| Region 3 overall              | 82.6                                 | 13.6      | 3.8   |  |
| Mean, all regions             | 77.8                                 | NA        | NA    |  |
| Total population in Region 3  | 172,328                              | 28,345    | 8,003 |  |

ENROLLMENT AND BENEFICIARY HEALTH STATUS

| Table 8.1  Enrollment Status in TRICARE Prime  Percent of Beneficiaries Who Reported Knowing Something About TRICARE |   |                               |            |
|--|---|-------------------------------|------------|
|  | Percent reporting given enrollment status |                               |            |
|  | Enrolled in TRICARE Prime                 | Not enrolled in TRICARE Prime | Don't know |
| Region 3   | 47.2                                      | 45.1                          | 7.7        |
| Average of new TRICARE regions   | 49.8                                      | 42.8                          | 7.5        |
| Total population in Region 3   | 250,139                                   | 238,693                       | 40,962     |

| Table 8.2  |   |  |  |
|--|---|--|--|
| Composite Scores of Physical Health by Enrollment Status in Region 3  Percent of All Beneficiaries |   |  |  |
|  | Percent below age adjusted median score for U.S. population |  |  |
| Enrolled in TRICARE Prime  |   |  |  |
| Active duty  | 43.5  |  |  |
| Non-active duty  | 55.4  |  |  |
| Not enrolled in TRICARE Prime  |   |  |  |
| Under age 65   | 55.2  |  |  |
| Age 65 or over   | 52.5  |  |  |
| Region 3 overall   | 52.4  |  |  |
| Mean, all regions  | 51.0  |  |  |
| Total population in Region 3 773,465   |   |  |  |

PERFORMANCE IMPROVEMENT PLAN

Table 9.1 Performance Improvement Plan for Region 3 Percent excellent or very good Importance Convenience of location of treatment 0.230046 53.04505 Convenience of hours 0.325138 43.00091 Access to health care whenever you need it 0.427809 33.17084 Access to a specialist if you need one 0.402644 25.80386 Access to hospital care if you need it 0.385627 38.06561 Access to medical care in an emergency 0.355783 44.16805 Ease of making appointments for health care by phone 0.352625 29.48321 Length of time you wait at office to see the provider 0.361017 27.96452 Length of time between making an appointment for routine care and day of visit 0.341334 27.70552 Availability of health care information or advice by phone 0.370394 26.81012 Services available for getting prescriptions filled 0.261536 56.75316 Thoroughness of examination 0.440589 42.84340 Ability to diagnose my health care problems 0.428882 38.52898 Skill of health care providers 0.437843 42.77307 40.84843 Thoroughness of treatment 0.443651 The outcomes of your health care (how much you are helped) 0.447330 41.26984 Overall quality of health care 0.477763 40.04178 41.93316 Provider's explanation of health care procedures 0.439213 Provider's explanation of medical tests 0.422967 41.74855 Attention provider gives to what you have to say 0.433370 42.86388 Advice provider gives you about ways to avoid illness and stay healthy 0.403730 40.27161 Courtesy shown to you by administrative staff (e.g., receptionists) 0.361776 45.14299 52.31758 Courtesy shown to you by health care providers 0.415872 Provider's concern for you as a person 0.423966 45.67530 Provicer's concern for your privacy 0.371481 51.04744 Reassurance and support offered to you by health care providers 0.406615 36.62864 Amount of time with health care providers during a visit 0.391668 33.88213 Ability to choose health care providers 0.362927 21.46877 Ease of seeing the provider of your choice 0.369749 23.12640 Health care providers' personal interest in the outcome of your problem 0.406159 34.76738 Protection you have against financial hardship due to medical expenses 0.290706 32.32964 Help with arrangements to get the health care you need without financial problems 0.344979 30.21715 Ease of parking 0.184434 34.41250